



Dear Friends

We hope you will enjoy following our news and continue to support our efforts to raise health awareness and provide psychosocial support for cancer patients (and their families). With best wishes from Jerusalem!

January events

'The Biggest Loser'

We arranged a celebration in Baytna (our community-palliative day centre) for the 'biggest loser' competition. 2 cancer survivors won as they lost weight with nutrition advice and aerobics-all at our centre in Hebron. This program is dedicated for the Sunrise Group (support group) for a healthier lifestyle.



Leaflets Printings

We thank Al-Heileh Printer, Hebron for donating printing of our breast health leaflets. These materials augment our work to raise health awareness in the community.



February

World Cancer Day activity at Hebron University

Hundreds of students came to know more about cancer especially in Palestine. The Sunrise Group participated in sharing their cancer experiences and how the psychosocial support encouraged them.

A film "hdak al Marad" meaning "that disease" by the drama students at Hebron University was screened. It was a great opportunity to raise awareness and to distribute our educational materials.

We are grateful for the support of the administration, faculty and students at Hebron University.



Health education lectures for the community →

Over 40 lectures were held in Hebron Governorate and Jerusalem in a 12-week block, about breast health and osteoporosis prevention.



Interview about Baytna Center →

Bethlehem 2000 Radio interviewed the manager at Baytna center to talk about our activities and the services we offer to support cancer patients, and the importance of donations to continue supporting the community.



March at the Bazaar

Bazaar Baytna 3

Year 3! Hundreds of people came to our Bazaar to see the different activities including music, dabkha and henna. Many small businesses from the Chamber of Commerce and other institutions sold their handmade products. Chef Ammar Zughair demonstrated cooking healthy foods. We distributed health leaflets, the Nursing & the Nutrition students at Hebron University participated with important health awareness information too.



←7th Palestine Marathon



Sunrise group members participated in the 7th Palestine marathon. Cancer survivors and supporters coming together for fun, support and good health.

Sbitany Exhibition "Laki Sayidati" →

We participated in the 'women's event' at Sbitany Exhibition in Hebron for one week. Hundreds of visitors learned about our work and accessed leaflets. Such gatherings are important ways for us to reach vast numbers of people with our health awareness messages.

