

Our news from Patient's Friends Society Jerusalem & Baytna Center, Hebron January 2022

Dear friends and supporters

Here is a roundup of our activities during 2021. Despite the pandemic we had a calendar full of activities and events and it is our pleasure to share this news with you. Our work is not possible without the generous support you offer so won't you please consider a donation so our work and services to patients and families will continue and grow? Our goals are to reach cancer patients, survivors and their families through education, guidance, psychosocial support . It doesn't stop there as you will read. We have travelled to schools, clubs and more, collaborated with other institutions to spread the message about healthy lifestyle, good nutrition, exercise and most of all cancer prevention, early detection and follow up. This coming year has promise for us all. We have many activities lined up so please follow us on social media and email. Thank you
With our best wishes for a new year full of hope, optimism, and good health

Events and activities at Baytna Center

- ❖ Baytna and Sunrise Group received a delegation from the Adwar Foundation for Social Change represented by their director, Dr. Sahar Al-Qawasmeh, where they talked about ways of joint cooperation, emphasizing the role and importance of the group that embodies living models to be emulated in the will and challenge the social, economic and health reality imposed on them by cancer.
- ❖ A delegation from the Beit Ula Women Club visited us, represented by its director, Mrs. Umm Bashar Farhat. This visit embodies the importance of building a coherent community fabric that strengthens societal relations between institutions in order to develop and improve the services provided to members of our society. A lecture entitled “The importance of vitamin C for the body” was presented by our nutritionist.
- ❖ The Sunrise cancer group welcomed a visit by a delegation from the Chamber of Commerce of Hebron Governorate, which included: Mr. Abdo Idris, Chairman of the Board of Directors, and a group of members of the Board of Directors, Mr. Adnan Natsheh, Mr. Zuhair Nayroukh, Mr. Nidal Al-Mohtaseb and Mr. Khaled Taha Abu Sneh, Director of the Chamber of Commerce office in the Old City. Discussions were held about the importance of joint cooperation and support for Sunrise group and the importance of their role in society by sharing their experiences with cancer and its challenge and how to combat it and the importance of spreading awareness about cancer among members of society providing valuable qualitative and individual services in the governorate.

©Adwar Foundation @ Baytna



© Beit Ula Women Club @ Baytna



©Delegation from the Hebron Chamber of Commerce visits Baytna

Health awareness days

- ❖ In cooperation with the midwifery students from the Faculty of Nursing at Hebron University, the Center organized an awareness and educational day that included several topics on breast cancer, the age of safety, the importance of exercise, anemia and healthy foods for Sunrise group and friends of the center
- ❖ In cooperation with Augusta Victoria Hospital, the mobile diabetes unit conducted a medical day to examine patients and screen clients, gave, a lecture on diabetes, foot care, and the importance of healthy eating and exercise More than 40 people attended from several areas in Hebron, and at the end of the day a healthy food dish was prepared, focusing on the importance of eating vegetables in every meal.

©Charity breakfasts @Baytna



Charity breakfasts

Ms. Ibtisam Sidr (from Sunrise group) hosted the Sunrise group to for breakfast at Baytna while on another occasion, Mrs. Najwa Hassouna, one of the Sunrise group members also invited the ladies to breakfast in memory of her mother and mother-in-law, where more than 25 Sunrise members had a wonderful get together.

Celebration of the Prophet's Birthday In cooperation with the Faith in God Band of Mrs. Umm Waheeb Al-Jubeh, the celebration was held, as it was a day full of religious rites, where more than 30 women from Sunrise and friends of the center attended.

Celebrating the 5th Anniversary of the Founding of Baytna Center.

We celebrated the 5-year anniversary full of activities

©Celebration of the Prophet's Day



©diabetes medical day examine @Baytna



© Celebrating the 5th Anniversary@Baytna

Networking and visits to civil society organizations

Strengthening relations and networking between community institutions is a very important matter, despite the different nature of the work and service provided to the people of the community, but they all serve to build, develop, and empower the people of the community and the one country.

- ❖ Believing in the importance of building these relations, a delegation of the Sunrise and the director of the Baytna Center visited the Dura Al-Amal Center for Rehabilitation in Hebron
- ❖ A visit was also made to the Royal Industrial Trading Company in Hebron



© Dura Al-Amal Center

Thank you

Charity Lunch for Sunrise Group

The lunch was organized by an anonymous donor . More than 30 women attended. This kind of activity gives hope and optimism that the community supports them and cares for their pain, suffering and fear and we **ALWAYS** encourage and hope that this support will always become from the community



Participation in fairs and community and health bazaars

- ❖ PFS participated in an exhibition in Taiba Al-Muthalath by displaying health brochures, leaflets, and some handicrafts, in our belief in the importance of communicating the association's message to all regions of Palestine and spreading awareness and raising health education.



Bazaar Old City / Hebron

- *Baytna Center participated in the activities of "Community Health Pulses" organized by the College of Nursing on the campus of Hebron University and distributed educational brochures to the university's students and staff.
- *Baytna Center participated in the "Capital Market" in the Old City of Hebron in cooperation with the Hebron Reconstruction Committee

©entertainment at breast cancer day



يوم ترفيهي توعوي لدعم السيدات الناجيات من السرطان

- ❖ A lecture entitled "Cancer and how to prevent it" was given by PFS in the southern region in the city of Hebron for parents and teachers.



Celebrating Life, October, Breast Cancer

- *PFS and Baytna held an entertaining and awareness day to support women cancer survivors. in cooperation with Hebron University and with the support of Bank of Palestine
- *We participated with students at Hebron University, from the Colleges of medicine, nursing, pharmacy, and agriculture (nutrition and food processing) A variety of art, including play, singing, Hebron University choir, and awareness tables for college students, as well as a theatre Yes, with a technical segment, as more than 300 people participated in this day, including students, workers, and a number of community institutions.

Our news via media stations

Suhiela Hijazi, Projects Manager at the Patient's Friends Association, Jerusalem (PFS), the Director of Baytna Center, Aya Al-Qadi, and a number of Sunrise spoke to several media stations about the events, achievements and the services provided during the month of October. (Radios Alam, Masader, Al Rabea and Dharriya)



©Sunrise member interviewed at Masader Radio



©Aya qadi director of Baytna interviewed @Masader Radio



Our Volunteer @Taiba Al Muthalath

© lecture Qoub Al-Rahma Kindergarten



- ❖ Baytna center organized a meeting for women cancer survivors, including a lecture given by Dr Ezzedine Al-Hashlamoun. This was followed by entertainment in a in cooperation with the Media Department at Hebron University, presented by the student Muhammad Hermas. Finally, gifts were distributed to each member of Sunrise cancer group.
- ❖ PFS organized a lecture entitled Breast Health and Cancer for the **Jerusalem Syndicate of Engineers** via Zoom.
- ❖ PFS, in cooperation with Augusta Victoria Hospital, organized a mobile clinic for breast cancer screening (mammography) at Hebron University The focus was to make this service available to employees.

©lecture by Dr Ezzedine Al-Hashlamoun



Our services -In addition to all our community work we specialize in the following which are in demand and NEED your generous support to make them affordable for our patients.

- * Special supplies for cancer patients (medical bras, wigs, prostheses)
- *Clinical medical examination of the breast * Specialized massage for lymphedema of the arm
- * Aerobic classes and nutrition clinic * Health information and brochures * Field lectures and health awareness workshops * Patient navigation



©mobile clinic for breast imaging at Hebron University

UPCOMING > PROJECTS IN 2022

- ✚ Initiative to join with other groups in the region for virtual meetings
- ✚ Workshop for health professionals on ageing and cancer
- ✚ Celebrate World Cancer Day



Donors, Supporters and Citizens
 We're looking for a place –for activities and administration. If you have a place you think might be suitable, please contact us! It must be easily accessible with little if any stairs. Access is key!

Your support is important to us to complete our mission
Aware, educating, empowering & supporting patients

Our contact

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Members at

